

Hadley Farms Nutrition Label

930

Whole Grain Hamburger Swirl Roll 2.0 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (57g) Serv. Per Cont. 168 Calories 170 Fat Cal. 30	Total Fat 3.5g	6 %	Total Carb. 30g	10 %
	Sat. Fat 0.5g	3 %	Fiber 3g	11 %
	<i>Trans</i> Fat 0g		Sugars 6g	
	Cholest. 0mg	0 %	Protein 5g	
	Sodium 210mg	9 %		
	Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 8%			

INGREDIENTS: Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Shortening (Soybean Oil), Malt Syrup. Contains 2% or Less of: Soy Flour, Corn Flour, Leavening (Yeast), Salt, Fructose Crystals, Dough Conditioner (Cultured Wheat Flour, Ascorbic Acid, Guar and/or Arabic Gums, Enzymes), Mold Inhibitor (Cultured Spelt Flour, Lactic Acid), Vital Wheat Gluten, Corn Syrup Solids, Algin, Mono and Diglycerides, Lecithin, Diastatic Malt Powder.

2 Bread Servings per Roll
 16.26 grams Whole Grain per Roll (51%)
 15.63 grams Enriched Grain per Roll (49%)

ALLERGY INFORMATION:
 CONTAINS: Soy, Wheat

