

Hadley Farms Nutrition Label

683

Carrot Cake in Individual Bowl 5.0 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1/2 cake (71g) Serv. Per Cont. 54 Calories 260 Fat Cal. 120	Total Fat 13g	21%	Total Carb. 34g	11%
	Sat. Fat 2.5g	13%	Fiber 1g	6%
	<i>Trans</i> Fat 0g		Sugars 22g	
	Cholest. 35mg	12%	Protein 3g	
	Sodium 290mg	12%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 35% • Vitamin C 4% • Calcium 4% • Iron 4%				

INGREDIENTS: 100% Whole Grain Wheat Flour, Enriched Wheat Flour(Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening(Soybean Oil, Partially Hydrogenated Soybean and Cottonseed Oils, Soy Lecithin, Whey, Mono- and Diglycerides, Vitamin A Palmitate), Shredded Carrots, Eggs, Pineapple, Cream Cheese(Pasteurized Milk and Cream, Cheese Cultures, Guar and/or Locust Bean and/or Carrageenan Gums), Water, Raisins. Contains 2% or less of: Salt, Vanilla Extract, Leavening(Baking Powder [Sodium Bicarbonate, Cornstarch, Sodium Aluminum Phosphate, Calcium Sulfate, Monocalcium Phosphate]), Modified Corn Starch, Cinnamon, Nutmeg, Wheat Starch, Modified Food Starch, Maltodextrin, Glucono-Delta Lactone, Natural and Artificial Flavors(Contains Disodium Phosphate, Propylene Glycol, Hydrochloric Acid), Preservatives(Sodium Benzoate, Citric Acid, Benzoic Acid).

.9 Bread Exchange
 6.92 g Whole Grain per Serving

ALLERGY INFORMATION:
 CONTAINS Eggs, Milk, Soy, Wheat

