

# Hadley Farms Nutrition Label

165

## Whole Grain Twisted Round Roll 2.2 oz

<b>Nutrition Facts</b>	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 roll (62g) Serv. Per Cont. 168 <b>Calories</b> 200 Fat Cal. 80	<b>Total Fat</b> 9g	<b>13 %</b>	<b>Total Carb.</b> 27g
	Sat. Fat 4g	<b>21 %</b>	Fiber 2g	<b>10 %</b>
	<i>Trans</i> Fat 0g		Sugars 3g	
	<b>Cholest.</b> 5mg	<b>1 %</b>	<b>Protein</b> 5g	
	<b>Sodium</b> 290mg	<b>12 %</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 6%	• Vitamin C 2%	• Calcium 6%	• Iron 8%

INGREDIENTS: Whole Wheat Flour, Enriched Wheat Flour(Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening( Palm Oil, Soybean Oil, Soybean Lecithin with Mono- and Diglycerides, Vitamin A Palmitate), Sugar, Contains 2% or less of: Leavening(Yeast, Baking Powder [Sodium Bicarbonate, Cornstarch, Sodium Aluminum Phosphate, Calcium Sulfate, Monocalcium Phosphate]), Non-Fat Dry Milk, Salt, Dough Conditioner(DATEM, Dextrose, Ascorbic Acid, L-Cysteine, Azodicarbonamide(ADA), Enzymes, Calcium Stearoyl-2 Lactylate), Eggs, Wheat Gluten, Artificial Flavor, Preservatives(Calcium Propionate, Potassium Sorbate, Citric Acid).

2 Bread Servings per Roll  
16.76 grams Whole Grain per Roll (51%)  
16.11 grams Enriched Grain per Roll (49%)

ALLERGY INFORMATION:  
CONTAINS: Eggs, Milk, Soy, Wheat

