

Hadley Farms Nutrition Label

1062

Whole Grain Iced Apple Flip 1.5 oz

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 flip (43g)		Total Fat 3.5g	6%	Total Carb. 19g	6%
Serv. Per Cont. 240		Sat. Fat 1.5g	7%	Fiber 2g	7%
Calories 110		Trans Fat 0g		Sugars 8g	
Fat Cal. 35		Cholest. 5mg	1%	Protein 2g	
		Sodium 130mg	5%		
		Vitamin A 2%	•	Vitamin C 4%	•
		Calcium 0%	•	Iron 4%	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Whole Grain White Wheat Flour, Water, Vegetable Shortening(Palm and Soybean Oils, Whey, Soybean Lecithin with Mono- and Dyglycerides, Artificial Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Sugar, Dried Apples with Sulfur Dioxide, Corn Syrup, High Fructose Corn Syrup, Contains 2% or less of: Non-Fat Dry Milk, Salt, Dough Conditioner(Guar and/or Arabic Gum, Datem, Ascorbic Acid, Enzymes, L-Cysteine, Azodicarbonamide(ADA), Potassium Iodate), Eggs, Whole Soy Flour, Wheat Gluten, Corn syrup Solids, Algin, Yeast, Mold Inhibitor(Cultured Organic Spelt Flour, Lactic Acid), Modified Food Starch, Gellan Gum, Methyhydroxypropyl Cellulose, Natural Flavor, Casein, Disodium Phosphate, Silicon Dioxide, Carrageenan, Turmeric and Paprika(For Color), Preservatives(Citric Acid, Malic Acid, Potassium Sorbate, Sodium Benzoate).

1 Bread Exchange
18.17 g Whole Grain per Serving

ALLERGY INFORMATION:
CONTAINS Eggs, Milk, Soy, Wheat

