

# Hadley Farms Nutrition Label

1053

## Whole Grain Mango Flip 1.5 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 flip (43g)	<b>Total Fat</b> 4.5g	7%	<b>Total Carb.</b> 19g
Serv. Per Cont. 240	Sat. Fat 1g	6%	Fiber 1g	5%
<b>Calories</b> 130	<i>Trans</i> Fat 0g		Sugars 6g	
Fat Cal. 40	<b>Cholest.</b> 5mg	1%	<b>Protein</b> 2g	
	<b>Sodium</b> 140mg	6%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 6%	• Vitamin C 2%	• Calcium 0%	• Iron 4%

INGREDIENTS: Wheat Flour(Whole Grain White Wheat Flour, Enriched Wheat Flour(Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron(Reduced), Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening(Palm and Soybean Oils, Partially Hydrogenated Soybean and Cottonseed Oils, Whey, Lecithin, Mono and Diglycerides, Colored with Annato/Turmeric and Beta Carotene, Calcium Disodium EDTA and Sodium Benzoate added as Preservatives, Artificial Flavor, Vitamin A Palmitate), Sugar, Mango Puree, Contains 2% or less of: Dough Conditioner(Guar and/or Arabic Gums, DATEM, L-Cysteine, Ascorbic Acid, Azocarbonamide(ADA), Enzymes), Non Fat Dry Milk, Orange Emulsion, Salt, Eggs, Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Algin, Leavening(Yeast), Corn Syrup, Modified Food Starch, Gellan Gum, Erythorbic Acid, Citric Acid, Natural Flavor, Mold Inhibitor(Cultured Organic Spelt Flour, Lactic Acid), Casein(Milk), Disodium Phosphate, Silicon Dioxide(Flow aid), Carrageenan, Color(Turmeric and Paprika), Preservatives(Potassium Sorbate, Sodium Propionate, Sulfites).

1 Bread Serving per Roll  
 9.27 grams Whole Grain per Roll (51.0%)  
 8.90 grams Enriched Grain per Roll (49.0%)

ALLERGY INFORMATION:  
 CONTAINS Eggs, Milk, Soy, Wheat

