

Hadley Farms Nutrition Label
1052IW
Whole Grain Apple Flip 1.5 oz

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 flip (43g) Serv. Per Cont. 84 Calories 110 Fat Cal. 35	Total Fat 4g	6%	Total Carb. 17g
	Sat. Fat 1.5g	7%	Fiber 2g	8%
	<i>Trans</i> Fat 0g		Sugars 5g	
	Cholest. 5mg	1%	Protein 2g	
	Sodium 150mg	6%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 2%	• Vitamin C 6%	• Calcium 2%	• Iron 4%

INGREDIENTS: Whole Grain White Wheat Flour, Water, Vegetable Shortening(Palm and Soybean Oils, Whey, Soybean Lecithin with Mono- and Dglycerides, Artificial Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Sugar, Dried Apples with Sulfur Dioxide, Corn Syrup, High Fructose Corn Syrup, Contains 2% or less of: Non-Fat Dry Milk, Salt, Dough Conditioner(Guar and/or Arabic Gum, Datem, Ascorbic Acid, Enzymes, L-Cysteine, Azodicarbonamide(ADA), Potassium Iodate), Eggs, Whole Soy Flour, Wheat Gluten, Corn syrup Solids, Algin, Yeast, Mold Inhibitor(Cultured Organic Spelt Flour, Lactic Acid), Modified Food Starch, Gellan Gum, Methyhydroxypropyl Cellulose, Natural Flavor, Preservatives(Citric Acid, Malic Acid, Potassium Sorbate, Sodium Benzoate).

1 Bread Exchange

18.17 g Whole Grain per Serving

ALLERGY INFORMATION:

CONTAINS Eggs, Milk, Soy, Wheat

